



Ace Adventure Challenge V: Adventure Unlimited

Ace Adventure Challenge is the leading local adventure race that challenges participants to go the distance and realize their full potential, and in the process, discover the fun of adventure.

In the tradition of the race, participants can expect physically demanding elements that test the teamwork of the group as well as perseverance of the individual.

Ace Adventure Challenge V will have various challenging and demanding elements to satisfy the seasoned adventure racers.

Race Date:

~~Saturday, 20th Sep to Sunday, 21st Sep 2008~~

Rescheduled to Saturday, 11th Oct to Sunday, 12th Oct 2008

Flag-off Time:

11pm (Saturday, 11th Oct)

Estimated End Time:

5am – 8am (Sunday, 12th Oct)

Start/End Point:

Singapore (Exact location will be released at the race briefing)

Race Format

Race map will be issued to you one hour before the Flag-off (11pm- flag-off)

- Race distance is set at approx 40km to 55km
- The cut-off time for the race is at the 8th hour (7am on Sunday)
- It is a team race of 3 participants in a team
- Teams must complete the adventure race as a team
- The team which finishes the fastest with the least time penalties wins the race

Organised By:



Race Disciplines

- (1) Abseil (vertical / diagonal)
- (2) Cycle (road / off road)
- (3) Navigation
- (4) Rope Ascend
- (5) Run (road / off road)
- (6) Team Biathlon
- (7) Team challenge obstacles (water-based & land activities)
- (8) Test of teamwork, strength and endurance...

Race Categories

Team of 3 people

- Men
- Women
- Mixed (at least one member must be the opposite sex)

Age Group:

16yrs old & above

Eligibility

1. All nationalities
2. Participants must be 16yrs old or above on race day (born in or before 1991)
3. Participants must be of sound physical condition, free of any type of bodily ailment
4. Each participant must have his/her own set of personal life, accident and medical insurance prior to entering the registration process
5. Each participant is allowed to be registered into one team only
6. Participants must have ample experience in all of the race's physical discipline

Registration open & close:

Monday, 1st Sep to Saturday, 6th Sep 2008 —

From now till Friday, 19th Sep 2008

Entry Fee: S\$250 per team

Entry fee can be made in the form of cash or cheque.

Crossed cheques are to be made payable to "ACE ADVENTURE"

Registration is based on first-come-first-served. Submission of entries must be accompanied with entry fee. The organiser reserves the right to reject any entries without any reasons given and reserves the right to make adjustment to the participation quota

Participation Quota

Maximum - 60 teams

Minimum teams to proceed with race – 40 teams

[Registration fee will be refunded to teams if race is cancelled]

Organised By:



Prizes

Products prizes will be awarded to the top three teams of each category. Medals will be awarded to the top 3 teams of each category.

Foul Weather

In the event of bad weather, the organizer reserves the right to delay the race. Should bad weather persist, the organizer reserves the right to cancel the race without any refund of fees paid.

For more information & enquiries, please contact:

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ACE Adventure Challenge V
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Organised By:



RACE EQUIPMENT

All teams MUST be self-provision with the following equipment to race:

Individual Mandatory Equipment (per competitor)

- 1) One (1) climbing harness (UIAA/CE certified)
- 2) One (1) Figure 8 descending device
- 3) Two (2) climbing sewn slings (minimum 60cm in length)
- 4) Two (2) locking carabiners (auto-lock are permitted)
- 5) One (1) mountain bike
- 6) One (1) headlight for bicycle
- 7) One (1) rear blinker light for bicycle
- 8) One (1) bike helmet with chin strap
- 9) A (1) pair of fingered gloves suitable for abseiling
- 10) One (1) hand torch or headlamp (we highly recommend using a headlamp)
- 11) Minimum two (2) litres water or hydration fluid system (e.g camelbak / hydro-pack)
- 12) One (1) whistle
- 13) Footwear - running shoes/ cross trainers/ trail shoes (toe revealing shoes are not recommended)

Team Mandatory Equipment (per team)

- 1) For bicycles
 - a. 2 x spare tire tubes
 - b. 1 x bicycle pump
 - c. 1 x tool kit (allen key, spanner etc)
- 2) One (1) compass
- 3) One set of *first aid kit
 - a. 1 roll - surgical tape
 - b. 5 sachets - antiseptic wipes / alcohol wipes
 - c. 5pcs - plasters
 - d. 2 x triangular bandages
 - e. gauze pads
 - f. 1 tube - muscle rub / deep heat

*The first aid kit is a recommended minimum requirement; teams are to assess their own needs to see what other items they would require.

Optional Items

- 1) Sunglass
- 2) Quick dry clothing
- 3) Energy bar / power gel
- 4) Electrolyte / energy powder mix

Organised By:

